

Accreditation Statement

The University of Wisconsin School of Medicine and Public Health is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation Statement

The University of Wisconsin School of Medicine and Public Health designates this live activity for a maximum of 10 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Continuing Education Units

The University of Wisconsin-Madison, as a member of the University Continuing Education Association (UCEA), authorizes this program for 1.0 continuing education units (CEUs) or 10 hours.

Need Statement

The recent publication of the 5th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-5) represents an evolutionary step in our understanding and classification of mental illness. Significant changes have occurred in a variety of domains, in particular substances use disorders, anxiety disorders and autism spectrum disorders. Clinicians will need to be made aware of these changes so that they can update their clinical practices.

Target Audience

This activity has been designed to meet the needs of all clinicians who provide care for people suffering from mental illness, including primary care physicians, psychiatrists, psychologists, nurse practitioners, physician assistants, social workers and other mental health professionals.

Elements of Competence

This CME activity has been designed to change learner competence and focuses on the American Board of Medical Specialties areas of medical knowledge, patient care and procedural skills, practice-based learning and improvement and interpersonal and communication skills.

Policy on Faculty and Sponsor Disclosure

It is the policy of the University of Wisconsin School of Medicine and Public Health that the faculty, authors, planners, and other persons who may influence content of this CME activity disclose all relevant financial relationships with commercial interests in order to allow CME staff to identify and resolve any potential conflicts of interest. Faculty must also disclose any planned discussion of unlabeled/unapproved uses of drugs or devices during their presentation(s). Detailed disclosures will be made in the activity handout materials.

Multiple brochures? We use multiple mailing lists and cannot always eliminate duplications.

Please post or share any extras with colleagues.

UNIVERSITY OF WISCONSIN ANNUAL UPDATE AND ADVANCES IN PSYCHIATRY October 11-12, 2013 Monona Terrace, Madison, Wisconsin



School of Medicine
and Public Health
UNIVERSITY OF WISCONSIN-MADISON

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ANNUAL UPDATE AND ADVANCES IN PSYCHIATRY

October 11-12, 2013

Monona Terrace, Madison, Wisconsin



SPONSORED BY

University of Wisconsin
School of Medicine and Public Health

Department of Psychiatry

and

Office of Continuing Professional Development
in Medicine and Public Health



School of Medicine
and Public Health
UNIVERSITY OF WISCONSIN-MADISON

SCHEDULE

Friday, October 11, 2013

AM

7:15 Registration and Continental Breakfast

8:15 **Welcome**
Art Walaszek, MD

8:30 **Overview of DSM-5**
Alan F. Schatzberg, MD

9:30 **Q & A**
Moderator: Ned H. Kalin, MD
Refreshment Break

10:00 **Autism Spectrum Disorder in DSM-5**
Susan E. Swedo, MD

10:45 **Advances in the Management of Autism Spectrum Disorder**
Janet E. Lainhart, MD

11:30 **Panel Discussion**
Moderator: Ned H. Kalin, MD
Panelists: Drs. Swedo and Lainhart

PM

12:00 Lunch

1:00 Breakout Sessions & Case Discussions

- 1) Treatment of Pediatric PTSD:
Ryan J. Herringa, MD, PhD
- 2) Treatment of Peripartum and Post-partum Depression:
Charlotte Ladd, MD, PhD
- 3) Psychotherapeutic Treatment of Insomnia: Meredith Rumble, PhD
- 4) Mindfulness Based Treatment of Depression: Andrew D. Moore, MD

2:30 Refreshment Break

2:45 **Substance-related Disorders in DSM-5**
Douglas M. Ziedonis, MD, MPH

3:30 **Advances in the Management of Substance-Related Disorders**
Dean D. Krahn, MD, MS

4:15 **Panel Discussion**
Moderator: Ned H. Kalin, MD
Panelists: Drs. Ziedonis and Krahn

4:45 Adjourn

Saturday, October 12, 2013

7:45 Registration and Continental Breakfast

8:25 **Introduction**
Art Walaszek, MD

8:30 **New Antidepressant Treatment**
Alan F. Schatzberg, MD

9:30 **Q & A**
Moderator: Ned H. Kalin, MD

9:45 Refreshment Break

10:00 **Obsessive-Compulsive Disorder and Related Disorders in DSM-5**
Katharine A. Phillips, MD

10:45 **Advances in the Treatment of Anxiety Disorders**
David Sheehan, MD

11:30 **Panel Discussion**
Moderator: Ned H. Kalin, MD
Panelists: Drs. Phillips and Sheehan

12:00 Adjourn

FACULTY

Visiting Faculty

Katharine A. Phillips, MD; Professor of Psychiatry and Human Behavior, Warren Alpert Medical School of Brown University; Senior Research Scientist, Director of Research for Adult Psychiatry and Director, Body Dysmorphic Disorder Program, Rhode Island Hospital; Providence, RI

Alan F. Schatzberg, MD; Kenneth T. Norris, Jr., Professor, Department of Psychiatry and Behavioral Sciences, Stanford University School of Medicine; Stanford, CA

David Sheehan, MD, MBA; Distinguished University Health Professor Emeritus, University of South Florida College of Medicine

Susan E. Swedo, MD; Chief, Pediatrics and Developmental Neuroscience Branch at the National Institutes of Health; Bethesda, MD

Douglas Ziedonis, MD, MPH; Professor and Chairman, Department of Psychiatry, University of Massachusetts Medical School and UMass Memorial Health Care; Worcester, MA

University of Wisconsin School of Medicine and Public Health Faculty

Ryan J. Herringa, MD, PhD; Assistant Professor of Psychiatry
Charlotte Ladd, MD, PhD; Clinical Assistant Professor of Psychiatry

Janet E. Lainhart, MD; Visiting Professor, Department of Psychiatry

Ned H. Kalin, MD; Hedberg Professor and Chair of Psychiatry

Dean D. Krahn, MD, MS; Professor of Psychiatry

Andrew D. Moore, MD; Clinical Assistant Professor of Psychiatry

Meredith Rumble, PhD; Clinical Assistant Professor of Psychiatry

Art Walaszek, MD; Associate Professor of Psychiatry

GENERAL INFORMATION

Date: Friday and Saturday, October 11-12, 2013

Place: Monona Terrace Community and Convention Center,
One John Nolen Drive, Madison, WI 53703, 608-261-4100

Conference Fee

The conference fee of \$350 for physicians and PhDs; \$250 for others, includes the cost of tuition, materials, continental breakfasts, lunch, refreshment breaks, and a nonrefundable registration fee of \$50. Should you cancel your registration up to 72 hours prior to the activity, you will be refunded the entire conference fee except the \$50 nonrefundable portion. No refunds will be made after that time.

Driving Directions and Parking

For further information, please go to www.mononaterrace.com.

Conference Attire

To ensure your comfort in the conference room, please bring a sweater or jacket to accommodate temperature variations.

Questions?

On the conference, contact Terese Bailey, OCPD in Medicine and Public Health, 2701 International Lane, #208, Madison, WI 53704; telephone 608-240-2141; tmbailey@ocpd.wisc.edu; www.ocpd.wisc.edu.

LEARNING OBJECTIVES

At the conclusion of this activity, participants should be able to:

- Describe the most significant changes made in the classification of psychiatric disorders in DSM-5, and apply these changes to the diagnosis of patients presenting with emotional and behavioral symptoms.
- List the diagnostic criteria for autism spectrum disorder, and explain how this diagnosis differs from the DSM-IV diagnoses of autistic disorder and Asperger's disorder.
- List the diagnostic criteria for the substance use disorders, and explain how these differ from the DSM-IV diagnoses of substance abuse and dependence.
- List the diagnostic criteria for obsessive-compulsive and related disorders (including the new diagnosis of hoarding disorder), and explain how these differ from their antecedent DSM-IV diagnoses.
- Describe advances in the management of autism spectrum disorder, substance-related disorders, and anxiety disorders.
- Discuss the treatment of post-traumatic stress disorder in children and adolescents.
- Discuss the treatment of peripartum and post-partum depression.
- Discuss the psychotherapeutic treatment of insomnia.
- Discuss mindfulness based treatment of depression.

REGISTRATION FORM

#4001 ame-psyf

University of Wisconsin Annual Update and Advances in Psychiatry October 11-12, 2013

Please complete Steps 1-4 below in BLOCK letters

STEP 1. PARTICIPANT INFORMATION:

Name: _____
First MI Last

Academic Degree for Credit & Name Badge: MD; DO; PhD; PA; RN

Other Academic Degree: _____

Company Name: _____

Department Name: _____

Work Address: _____

City, State, Zip: _____

Phone: () _____ Fax: () _____
(Where you can be reached from 9:00am - 5:00pm)

E-mail address: _____
(Please print clearly.)

STEP 2. BREAKOUT SESSIONS & CASE DISCUSSIONS (CHOOSE 1):

- Treatment of Pediatric PTSD
- Treatment of Peripartum and Post-partum Depression
- Psychotherapeutic Treatment of Insomnia
- Mindfulness Based Treatment of Depression

STEP 3. REGISTRATION FEES:

- \$350 MD/DO/PhD
- \$250 Others
- PO or Check Enclosed (Payable to University of Wisconsin)
- Please Bill My Company
- Credit Card: __ MasterCard __ VISA __ American Express

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STEP 4. PLEASE RETURN YOUR PAYMENT WITH THIS FORM TO:

CME Specialist, Department 101, The Pyle Center, 702 Langdon Street, Madison, WI 53706 or fax 1-800/741-7416 (in Madison fax 265-3163).

The University of Wisconsin provides equal opportunities in employment and programming, including Title IX requirements.

The University of Wisconsin School of Medicine and Public Health fully complies with the legal requirements of the ADA and the rules and regulations thereof. If any participant in this educational activity is in need of accommodations, please notify Terese Bailey at 608-240-2141.

We cannot accept credit card payment on the day of the activity.