Accreditation Statement

The University of Wisconsin School of Medicine and Public Health is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit Designation Statement

The University of Wisconsin School of Medicine and Public Health designates this live activity for a maximum of 9 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Continuing Education Units

The University of Wisconsin-Madison, as a member of the University Continuing Education Association (UCEA), authorizes this program for .9 continuing education units (CEUs) or 9 hours.

Need Statement

This conference is being held in response to mental health professionals’ previous conference evaluations and the need for ongoing continuing medical education for clinicians in the area of psychiatry.

Target Audience

This activity has been designed to meet the needs of clinicians and other health care professionals who are looking to enhance their knowledge and skills for the care of their patients with mental health issues.

Elements of Competence

This CME activity has been designed to change learner competence and focuses on the American Board of Medical Specialties areas of medical knowledge, and patient care and procedural skills.

Policy on Faculty and Sponsor Disclosure

It is the policy of the University of Wisconsin: School of Medicine and Public Health that the faculty, authors, planners, and other persons who may influence content of this CME activity disclose all relevant financial relationships with commercial interests in order to allow CME staff to identify and resolve any potential conflicts of interest. Faculty must also disclose any planned discussion of unlabeled/unapproved uses of drugs or devices during their presentation(s). Detailed disclosures will be made in the activity handout materials.

UNIVERSITY OF WISCONSIN

2ND ANNUAL UPDATE AND ADVANCES IN PSYCHIATRY

October 10-11, 2014

Monona Terrace, Madison, Wisconsin
Friday, October 10, 2014

AM
7:15 Registration and Continental Breakfast
8:30 Welcome
Art Walaszek, MD
8:45 Update on the Neurobiology, Assessment and Treatment of Suicidality
Maria A. Oquendo, MD; Rachel C. Molander, MD; Claudia L. Reardon, MD
9:45 Q & A
Moderator: Ned H. Kalin, MD
10:00 Refreshment Break
10:15 Update on the Treatment of Mood Disorders during Pregnancy and Postpartum
Zachary N. Stowe, MD
11:15 Q & A
Moderator: Art Walaszek, MD
11:45 Adjourn

PM
12:00 Lunch
1:00 Breakout Sessions & Case Discussions
1) The Role of Exercise in the Treatment of Mood Disorders
Claudia L. Reardon, MD; Kenneth E. Towbin, MD
2) Treatment of Mood Disorders in Children & Adolescents
Peggy S. Scalise, MD
3) Addressing the Risk of Suicide in Bipolar Disorder
Eileen P. Ahearn, MD
4) Treatment of Mood Disorders in Primary Care
Rochel C. McElman, MD
2:30 Refreshment Break
2:45 Update on the Neurobiology of Depression
Ned H. Kalin, MD
3:20 Q & A
Moderator: Art Walaszek, MD
3:45 Adjourn

Saturday, October 11, 2014

7:45 Registration and Continental Breakfast
8:25 Introduction
Art Walaszek, MD
8:30 Overview of Dissuive Mood Dysregulation Disorder
Kenneth E. Towle, MD

GENERAL INFORMATION
Date: Friday and Saturday, October 10-11, 2014
Place: Monona Terrace Community and Convention Center,
One John Nolen Drive, Madison, WI 53703, 608-285-3010
Hotels
Hilton Madison Monona Terrace
9 East Wilson Street, Madison, WI 53703
608-255-5000; 1-800-465-9938
Room rate is $168. The Hilton will release these rooms to the public on September 9, 2014. Please mention Group Code “UW20E1” to receive the special group rate.
Best Western Inn on the Park
22 South Carroll Street
Madison, WI 53703
608-285-8000; 1-800-279-8811
Room rates for Thursday, October 9 are $129 (s), $139 (d) and $139 (suite) and the room rate for Friday, October 10 is $190 for any room type.
The Best Western will release these rooms to the public on September 9, 2014. Please mention UW2 Annual Update and Advances in Psychiatry to receive the special group rate.

Conference Fee
The conference fee of $350 for physicians and PNs; $250 for others, includes the cost of tuition, materials, continental breakfasts, and PhDs; $250 for others, includes the cost of tuition, materials, continental breakfasts, and lunch, refreshment breaks, and a nonrefundable processing fee of $50. Should you cancel your registration up to 72 hours prior to the activity, you will be refunded the entire conference fee except the $50 nonrefundable portion. No refunds will be given after that time.

Four Easy Ways to Register
Online: www.ucpd.wisc.edu/course_catalog
By Mail: Return your completed registration form and payment to
CME Specialist, Department 101, The Pyle Center,
39 East Wilson Street, Madison, WI 53703
By Phone: 608-262-1397. Please call and give your billing information or pay by MasterCard, Visa, or American Express
By Fax: 608-251-7416

Update on the Treatment of Bipolar Disorder
Roger S. McElman, MD
13:00 Q & A
Moderator: Art Walaszek, MD

FACULTY
Visiting Faculty
Roger S. McElman, MD, FRCP; Professor of Psychiatry and Pharmacology, University of Toronto, Head, Mood Disorders Psychopharmacology Unit, Toronto, ON
Maria A. Oquendo, MD, Professor of Psychiatry and Vice Chair for Education, Columbia University Medical Center, New York, NY
Zachary N. Stowe, MD, Professor of Psychiatry, Pediatrics, and Obstetrics and Gynecology, Medical Director of the Women’s Mental Health Program, University of Arkansas for Medical Sciences, Little Rock, AR
Kazue E. Tsuchida, MD, Clinical Professor, Department of Psychiatry and Behavioral Science, The George Washington University School of Medicine, Bethesda, MD
Eileen P. Ahearn, MD; Claudia L. Reardon, MD; Kenneth E. Towbin, MD
Peggy S. Scalise, MD; Claudia L. Reardon, MD; Assistant Professor of Psychiatry
Art Walaszek, MD, Associate Professor of Psychiatry

Step 1. Participant Information:
Name:
Phone: ____________________________
Fax: ____________________________
E-mail address: ____________________________

Step 2. Breakout Sessions & Case Discussions (Choose One):
1) The Role of Exercise in the Treatment of Mood Disorders
2) Treatment of Mood Disorders in Children & Adolescents
3) Addressing the Risk of Suicide in Bipolar Disorder
4) Treatment of Mood Disorders in Primary Care

Step 3. Registration Fees (Check One):
• $350 MD/DO/PhD
• $250 Others
• PO or Check Enclosed (Payable to University of Wisconsin)

Step 4. Please return your payment with this form to:
CME Specialist, Department 101, The Pyle Center, 702 Langdon Street, Madison, WI 53706 or fax 1-800-741-7416 in Madison fax 608-263-3163.

We cannot accept credit card payment on the day of the activity.

Step 5. Please return your payment with this form to:
CME Specialist, Department 101, The Pyle Center, 702 Langdon Street, Madison, WI 53706 or fax 1-800-741-7416 in Madison fax 608-263-3163.

The University of Wisconsin provides equal opportunities in employment and programming, including Title IIIEquity. The University of Wisconsin School of Medicine and Public Health fully complies with the legal requirements of the ADA and the rules and regulations thereof. If any participant in this educational activity is in need of accommodations, please notify Terese Bailey at 608-258-7074.

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Learning Objectives:
• Describe what is currently known about the neurobiology of suicidality.
• Identify strategies for managing and preventing bipolar depression.
• Explain how our current understanding of the neurobiology of depression will lead to new treatments.
• Recognize the differences between bipolar disorder in DSM-IV and DSM-5, severe mood dysregulation (SMI), and dysphoric mood dysregulation disorder (DMDD).
• Develop a treatment strategy for safely and effectively caring for patients with mood disorders during pregnancy and postpartum.
• Outline the role exercise can play in the effective treatment of mood disorders.
• List treatment options for mood disorders in children & adolescents.
• Discuss strategies for reducing risk of suicide in patients with bipolar disorder.
• Summarize strategies for addressing mood disorders in primary care.